

# Your YMCA Name



## Events

Category:

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## November

### MONDAY, NOVEMBER 30, 2020

**11/30 6:00 AM Pool Lane Reservation**

6:00 am - 6:45 am

**11/30 7:00 AM Pool Lane Reservation**

7:00 am - 7:45 am

**11/30 8:00 AM Pool Lane Reservation**

8:00 am - 8:45 am

**11/30 9:00 AM Aqua-Aerobics Deep and Shallow**

9:00 am - 9:45 am

**11/30 10:15 AM Aqua-Aerobics Deep and Shallow**

10:15 am - 11:00 am

**11/30 11:00 AM Twinges Deep and Shallow Reservations**

11:15 am - 12:00 pm

**11/30 2:00 PM Pool Lane Reservation**

2:00 pm - 2:45 pm

**11/30 3:00 PM Pool Lane Reservation**

3:00 pm - 3:45 pm

**11/30 4:00 PM Lap Swim Reservation**

4:00 pm - 4:45 pm

**Small Group Swim Lessons**

5:00 pm - 5:15 pm

**Small Group Swim Lessons**

5:30 pm - 6:00 pm

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## December

### TUESDAY, DECEMBER 1, 2020

**12/1 6:00 AM Pool Lane Reservation**

6:00 am - 6:45 am

**12/1 7:00 AM Pool Lane Reservation**

7:00 am - 7:45 am

**12/30 8:00 AM Pool Lane Reservation**

8:00 am - 8:45 am

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**12/30 9:00 AM Shallow and Deep Water Aqua Aerobics Reservation**

9:00 am - 9:45 am

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**11/30 10:15 AM Aqua-Aerobics Deep and Shallow**

10:15 am - 11:00 am

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**12/1 11:15 AM Pool Lane Reservation**

11:15 am - 12:00 pm

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**12/1 2:00 PM Twinges Deep and Shallow Reservations**

2:00 pm - 2:45 pm

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**12/1 3:00 PM Pool Lane Reservation**

3:00 pm - 3:45 pm

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**12/1 4:00 PM Pool Lane Reservation**

4:00 pm - 4:45 pm

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OUR MISSION: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.